What is Infant Toddler Mental Health Consultation?

Infant Toddler Mental Health Consultation pairs a mental health professional with FDC, GFDC, or DCC providers to help foster the social and emotional development of infants and toddlers birth to 36 months old. The goals of this early intervention practice are to:

- Prevent & reduce children’s problem behavior & increase social skills
- Increase the provider’s capacity to promote the social & emotional development of each child
  - Decrease provider stress & burnout
- Build partnerships between providers & parents to support the well-being of the child
  - Promote a positive classroom/program climate

**During the COVID-19 pandemic parents and providers have noticed an increase in challenging behaviors. We are here and ready to help you, so that you can support the infants and toddlers in your care.

For More information please contact:

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