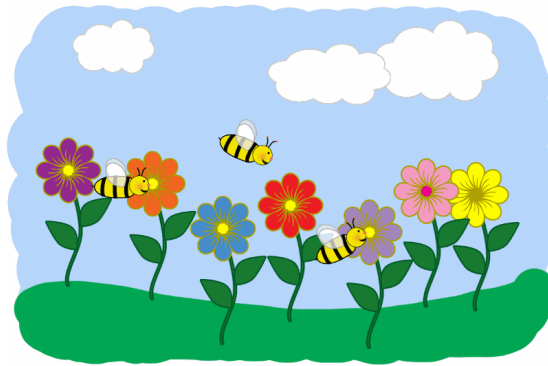


Para ver este correo electrónico en español, haga clic [aquí](#).



## The Child Care Connection April 2019



### A Message from Our Executive Director

Happy spring!

This is our fourth monthly e-newsletter and I hope that you are finding it useful. Our goal is to provide you with helpful information and keep you informed on important information that may affect your business. Please let us know how we are doing by [sending us your feedback](#).

On a more important note, the state just released the [updated Market Rates](#) effective **May 1st**.

There are increases for our region; however, we still do not know what percent of these rates will be paid by the state. We will share any new information we receive about the rate change.

**GROUP 1 COUNTIES:**

**Nassau, Putnam, Rockland, Suffolk, and Westchester**

**DAY CARE CENTER**

	<b>AGE OF CHILD</b>			
	<b><u>Under 1 ½</u></b>	<b><u>1 ½ - 2</u></b>	<b><u>3 - 5</u></b>	<b><u>6-12</u></b>
WEEKLY	\$364	\$338	\$310	\$317
DAILY	\$65	\$62	\$55	\$65
PART-DAY	\$43	\$41	\$37	\$43
HOURLY	\$9.50	\$11.00	\$10.00	\$8.00

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**FAMILY DAY CARE HOME AND GROUP FAMILY DAY CARE HOME**

	<b>AGE OF CHILD</b>			
	<b><u>Under 2</u></b>	<b><u>2</u></b>	<b><u>3 - 5</u></b>	<b><u>6-12</u></b>
WEEKLY	\$300	\$295	\$285	\$275
DAILY	\$60	\$60	\$60	\$57
PART-DAY	\$40	\$40	\$40	\$38
HOURLY	\$10.00	\$10.00	\$10.00	\$10.00

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**SCHOOL-AGE CHILD CARE**

	<b>AGE OF CHILD</b>			
	<b><u>Under 1 ½</u></b>	<b><u>1 ½ - 2</u></b>	<b><u>3 - 5</u></b>	<b><u>6-12</u></b>
WEEKLY	\$0	\$0	\$310	\$317
DAILY	\$0	\$0	\$55	\$65
PART-DAY	\$0	\$0	\$37	\$43
HOURLY	\$0	\$0	\$10.00	\$8.00

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**OCFS "Dear Provider" letter**

OCFS recently released a "Dear Provider" letter that highlights the following updates:

- New legislation that impacts child care programs
- New safety regulations
- Upcoming webcasts
- Census 2020 Information
- Facility Application and Management System (FAMS) Update
- Safety Recalls
- Flu Prevention

To access the complete "Dear Provider" letter, [click here](#).

## How Early Childhood Providers Can Create "Safe Space" Policies

CLASP has released a guide to creating "safe space" policies for early childhood programs. Safe-space policies safeguard programs against immigration enforcement actions and protect families' safety and privacy. In this guide, advocates, providers, and policymakers will find information about developing and implementing safe-space policies, sample policy text that can be adapted by individual early childhood programs, and a list of key resources for providers and parents.

[Read the guide](#)

## Upcoming Events



### Child Care Council of Suffolk Annual Meeting

Save the Date  
June 6th, 2019

Featuring Roberta Reardon, NYS Commissioner of the Department of Labor who will discuss the vital role of child care in workforce development.

## Upcoming Trainings

- 5/8 - Infant/Child/Adult CPR
- 5/11 - Prácticas y Procedimientos de Gestión Práctica
- 5/14 - Open Ended Activities for Young Children
- 5/15 - Pediatric First Aid
- 5/16 - Cultural Competence
- 5/18 - Preschool Pyramid Model Module 2: Promoting Social Emotional Competence
- 5/22 - Nurturing Little Scientists and Mathematicians
- 5/23 - Supporting Children with Challenging Behaviors



[Click here to register](#)

CSEA will sponsor trainings for Family and Group Family child care providers. When registering for a training, contact [Stefanie](#) to see if your program is eligible!

## CACFP

### 2019 Mandatory Trainings

There will be six (6) trainings in English and two (2) trainings in Spanish. The training is for **providers only** (no assistants, staff, and volunteers).

The training will focus on the USDA nutrition standards, disallowances, and KidKare.

[Click here](#) for more detailed information about the training.

To reserve a seat for the date you wish to attend, [click here](#). Each provider must make their own reservation.



### Squash Casserole

*Looking for ways to vary your vegetables? This easy casserole is a great way to try summer squash.*

#### Ingredients

- **3/4 cup** Onions, fresh, peeled, 1/4" diced
- **1 cup** Zucchini, fresh, unpeeled, grated
- **1 cup** Yellow squash, fresh, unpeeled, grated
- **1/2 teaspoon** Parsley, dried
- **1/2 teaspoon** Oregano, dried
- **1/8 teaspoon** Salt, table
- **1/8 teaspoon** Black pepper, ground
- **1 egg**, large, whole
- **2 tablespoons** Milk, fat-free (skim)
- **1 1/4 ounces** Sharp cheddar cheese, reduced-fat, shredded

#### **Directions**

1. Preheat oven to 400 °F.
2. Lightly coat a medium baking dish (8" x 8") with nonstick cooking spray. Set aside.
3. Spray a medium skillet with nonstick cooking spray and heat over medium-high heat.
4. Sauté onions for 3 minutes or until soft. Stir frequently.
5. Add zucchini and yellow squash. Sauté for 5 minutes. Stir frequently.
6. Add parsley, oregano, salt, and pepper and stir. Continue cooking until zucchini and yellow squash begin to lightly brown, about 5 minutes. Remove from heat.
7. In a small bowl whisk egg and milk together.
8. Place sautéed vegetables in baking dish. Top with egg and milk mixture and lightly stir. Be sure to keep vegetables spread evenly on the bottom of the pan. Sprinkle cheese evenly on top of mixture.
9. Bake uncovered for 20 minutes. Heat to 160 °F or higher for at least 15 seconds.
10. Cut pan into 6 pieces. Serve 1 piece.

## **Resource & Referral**



Does your child care program offer  
summer and school break options for families?

Call us today at **631-462-0303** and ask to speak with the Resource and Referral  
Department to update your program's information for the summer season.

