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The Child Care Connection March 2019



A Message from Our Executive Director

I hope everyone saw the [Newsday story](#) about the complex challenges facing the child care industry. While these stories may not have been surprising to us, it was very informational for our policy-makers and regional leaders who we need to make investments in the child care system.

Here at the Council we continue to fight for funding that will help child care providers and families. On March 5th, we joined with our partners in Nassau and took a bus full of parents and child care providers to Albany. We met with the legislators and staff who are busy working on the state budget – which is still being negotiated. We are hopeful that there will be some new funding for the new market rate which will provide some small relief to child care providers that care for children with subsidies. We also anticipate some increase in funding for subsidies that will allow Suffolk County to offer more families access to child care subsidies. We expect the final budget details to be announced on or around April 1st – so stay tuned!

Upcoming Events



**Wednesday, April 17th, 2019
7:00 PM - 9:00 PM**

Child Care Council of Suffolk
60 Calvert Avenue
Commack, NY 11725

**SUFFOLK COUNTY
FAMILY/GROUP FAMILY
CHILD CARE HOME PROVIDERS**

Did you know that you can be **reimbursed (\$\$\$)** for serving nutritional meals at your child care program?

Learn more about the USDA Child and Adult Care Food Program and what it means for children and families in your child care program at our open house!

To register for this event, click [here](#).



**Long Island School Age Child Care Conference
Empowerment: You Make a Difference**

**Saturday, April 13th, 2019
8:00 AM - 4:30 PM**

Melville Marriott
1350 Walt Whitman Road
Melville, NY 11747

The School Age Child Care Regional Training Institute, a collaborative project of the Child Care Councils of Nassau and Suffolk, funded by the NYS Office of Children and Family Services, is designed to support child care providers who care for children from 5-12 years of age in before and after school settings. This year, the Institute will be holding its first annual 'Long Island School Age Child Care Conference' titled, "Empowerment: You Make a Difference". This professional development opportunity includes a selection of diverse Presenters who will share their expertise of tools and strategies to establish and support social and emotional development in school age children. Keynote speaker *Justin Shaifer*, kicks off the day with a dive into the 'culturally responsive STEM curriculum.' The conference will be open to 150 registered child care providers who will receive 6 hours of OCFS training for attending.

For pricing, schedule and registration information, click [here](#).



Child Care Council of Suffolk Annual Meeting

**Save the Date
June 6th, 2019**

Featuring Roberta Reardon, NYS Commissioner of the Department of Labor who will discuss the vital role of child care in workforce development.

Upcoming Trainings

- 4/2** - Observing and Recording Child Development
- 4/3** - Infant/Child/Adult CPR
- 4/6** - Resucitacion Cardio Pulmonar (RCP) (CPR)
- 4/6** - Primeros Auxilios (First Aid)
- 4/9** - Modifying Your Classroom and Your Curriculum to Support Children
- 4/10** - Pediatric First Aid
- 4/16** - Effective Communication with Families
- 4/27** - Abuso y Maltrato Infantil incluye Síndrome del Bebe Sacudido (CA/Mal, ID/Prevention includes Shaken Baby Syndrome)
- 4/30** - The Environment as the Third Teacher
- 5/8** - Infant/Child/Adult CPR
- 5/11** - Prácticas y Procedimientos de Gestión Práctica
- 5/14** - Open Ended Activities for Young Children
- 5/15** - Pediatric First Aid
- 5/16** - Cultural Competence
- 5/18** - Preschool Pyramid Model Module 2: Promoting Social Emotional Competence
- 5/22** - Nurturing Little Scientists and Mathematicians
- 5/23** - Supporting Children with Challenging Behaviors



Click here to register

CSEA will sponsor trainings for Family and Group Family child care providers. When registering for a training, contact [Stefanie](#) to see if your program is eligible!

Please join us in welcoming **Cynthia Ramirez**, our new Bi-lingual Professional Development Assistant!

The Child Care Council of Suffolk & the SBDC at Farmingdale State College offers FCC/GFCC providers..

“Business Strategies to Build a Successful & Profitable Child Care Program”

Free training & support to learn...
Business Practices and Planning
Marketing – Plan & Strategy
Financial Planning – Bookkeeping & Billing
QuickBooks

Classes meet the following Saturdays:
April 13th 10:00am – 2:00pm
April 27th & May 4th 9:00am – 12:00pm
May 11th 10:00am – 2:00pm
May 18th 10:00am Graduation

Classes will be held at the Farmingdale State College
2350 Broadhollow Road, Farmingdale NY 11735

Enrollment is limited! For more information, click [here](#).

CACFP

Did you know that eggs are a good source of protein and counted as a meat component in the USDA’s Child and Adult Care Food Program (CACFP)? Childcare providers who participate in CACFP are required to serve one portion of meat or meat alternate to their children for lunch or supper and have the option to serve a meat or meat alternate for snack. For 1-2 year olds, one meat component portion size is a ½ egg, for 3-5 year olds it is ¾ egg, and for 6-10 year olds the serving size is a whole egg. Eggs are a great way to get children eating a variety of protein sources and trying new recipes!

2019 Mandatory Trainings

There will be six (6) trainings in English and two (2) trainings in Spanish. The training is for **providers only** (no assistants, staff, and volunteers).



Potato & Egg Salad

Ingredients

- 8 red potatoes, cleaned and cut into bite-sized cubes
- 5 hard cooked eggs, cooled and chopped
- 1/2 cup onion (red or white)
- 1/2 cup celery chopped
- 3/4 cup mayonnaise
- 1 1/2 tablespoons mustard

The training will focus on the USDA nutrition standards, disallowances, and KidKare.

[Click here](#) for more detailed information about the training.

To reserve a seat for the date you wish to attend, [click here](#). Each provider must make their own reservation.

- Black pepper to taste

Directions

Place cubed potatoes in a large saucepan; cover with water. Bring to a boil; cover and cook until tender but still firm, about 8 to 10 minutes. Drain and bring potatoes to room temperature (can place in the refrigerator for about 10 minutes). Combine potatoes, egg, onion, and celery in a large bowl. Stir in mayonnaise, mustard, and black pepper to taste a little at a time until you have the taste that you like.

Parent Leadership Initiative



The Parent Leadership Initiative (P.L.I.) successfully kicked off our 2019 season with our Retreat that welcomed participants from across Suffolk County. Our theme this year, “*we are the change that we seek*”, is based on President Obama’s quote related to civic engagement. The goal of P.L.I. is to give parents, caregivers and community members the tools and skills needed to effect positive change for their communities, with the premise that if we create a model that uplifts children, all members benefit by extension.

Our classes begin with building bridges; listening to each other’s story and life experiences, breaking down barriers that create stereotypes and division, and learning to find the shared commonality. As we meet on a weekly basis, sessions allow the participants to identify areas in the community that need to be strengthened and find their individual passion and voice to achieve that goal. Classes include public speaking, structures of government and the history of Long Island, culminating in a Project based on identified needs.

Classes are offered weekly across Suffolk County at no cost to the participants. Family support is provided each week with a light dinner and child care if needed.

We continue to seek individuals who are interested in learning how to create a caring and more equitable community where members have more resources, access and opportunities to be advocates for children and agents for change. If you would like more information, please contact P.L.I. Director [Denise Ham](#).



Resource & Referral



Does your child care program offer
summer and school break options for families?

Call us today at [631-462-0303](tel:631-462-0303) and ask to speak with the Resource and Referral Department to update your program's information for the summer season.



Child Care Council of Suffolk, Inc. | 60 Calvert Ave, Commack, NY 11725