Mount Sinai Children's Environmental Health Center

PEHSU Pediatric Environmental Health Specialty Units

Resources for Homes and Schools Affected by Flooding

Developed by the Children's Environmental Health Center (CEHC) and the Mount Sinai Pediatric Environmental Health Specialty Unit (PEHSU)

These resources were assembled in response to the Superstorm Sandy in October 2012 to help guide adults to better protect children. In general we recommend that pregnant women, children, and adolescents should not be involved in the clean-up effort.

Children's Safety During and After a Hurricane:

- **Let's Get Ready, New York! For Children (nyc.gov):**
  http://www.nyc.gov/html/oem/downloads/pdf/kids_story_english.pdf
  - **Spanish: Para Niños (nyc.gov):**
    http://www.nyc.gov/html/oem/downloads/pdf/kids_story_spanish.pdf
- **Get ReadyNY! For Teenagers (nyc.gov):**
  http://www.nyc.gov/html/oem/downloads/pdf/kids_journal_english.pdf
  - **Spanish: Para Los Adolescentes (nyc.gov):**
    http://www.nyc.gov/html/oem/downloads/pdf/kids_journal_spanish.pdf
- **Returning to Areas Impacted by Floods/Hurricanes (PEHSU):**
  http://aoec.org/pehsu/documents/flood_hurricane_2011.pdf
- **Protecting Children after a Hurricane/Storm (American Academy of Pediatrics):**
  http://www.healthychildren.org/English/safety-prevention/at-home/Pages/Hurricane-Disaster-Fact-Sheet.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token
- **Strategies for Flood Recovery (American Academy of Pediatrics):**
  http://www.healthychildren.org/English/safety-prevention/at-home/Pages/Hurricane-Disaster-Fact-Sheet.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token
- **Keeping Children Safe in Sandy's Wake (FEMA):**
  http://blog.fema.gov/2012/11/keeping-children-safe-in-sandys-wake.html

Children's Mental Health After a Disaster:

- **Talking to Children After a Disaster (American Academy of Pediatrics):**
  http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/children-and-disasters/Pages/Talking-to-Children-About-Disasters.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token

- **Helping Children Adjust and Cope (American Academy of Pediatrics):**
  http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/children-and-disasters/Pages/Promoting-Adjustment-and-Helping-Children-Cope.aspx?nfstatus=401&nftoken=00000000-0000-0000-0000-000000000000&nfstatusdescription=ERROR%3a+No+local+token

- **Children's Health in the Aftermath of Floods (EPA):**
  http://yosemite.epa.gov/ochp/ochpweb.nsf/content/flood.htm

- **Helping Children Cope with Disasters (FEMA):**
  http://www.fema.gov/coping-disaster#4

  - **Spanish: Cómo Ayudar a los Niños a Lidiar con un Desastre (FEMA):**
    http://m.ready.gov/esp/cope_child.htm

- **Managing Traumatic Stress: Natural Disasters and Children (America Psychological Association):**
  http://www.apa.org/helpcenter/recovering-disasters.aspx

  - **Spanish: Manejando el Estrés Traumático: Los Desastres Naturales y Los Niños (America Psychological Association):** *http://www.apa.org/centrodeapoyo/ninos.aspx*

- **Mentoring Guide for Parents:**
  http://www.mentorresearch.org/Documents/StormFloodColoringBookParentGuide.pdf

  - **Spanish: Después Los Desastres (MentorResearch.org):**
    http://www.mentorresearch.org/Documents/SpanishFlood%20StormRecoveryParenting.pdf

Returning to Schools:

- **Guide to Flooding and Schools (National Clearinghouse for Educational Facilities)**
  http://library.constantcontact.com/download/get/file/1102175172120-230/Flooding+and+Schools.pdf

- **Flooding and childcare (Iowa Dept of Public Health):**
  http://www.mononacountypublichealth.org/uploads/Flooding_and_Childcare.pdf

- **Standards for Reopening Childcare after a Flood (Indiana Dept of Env Management)**
  http://www.in.gov/fssa/files/Flood_Info.pdf

- **Floods and Schools (CDC):**
  http://www.cdc.gov/mold/faqs.htm#school

  - **Spanish: Inundaciones y Escuelas (CDC):** *http://www.cdc.gov/mold/es/faqs.htm#school*

General Preparedness and Recovery Recommendations:

- **Hurricane Sandy Preparedness and Recovery Recommendations (New York State Department of Health):** *http://library.constantcontact.com/download/get/file/1102175172120-229/Notification_13319.pdf*

- **Flood Safety Checklist (Red Cross):** *http://www.redcross.org/images/MEDIA_CustomProductCatalog/m4340128_Flood.pdf*
    - **Spanish: Seguridad En Caso De Inundaciones (Red Cross):** *http://www.redcross.org/images/MEDIA_CustomProductCatalog/m4340130_Flood_SPN.pdf*

- **Entering Your Flooded Home (CDC):** *http://emergency.cdc.gov/disasters/mold/reenter.asp*
    - **Spanish: Cómo Volver A Entrar A Su Casa Después De Una Inundación (CDC):** *http://emergency.cdc.gov/disasters/mold/es/reenter.asp*

- **Fact Sheet: Clean-Up After a Natural Disaster (CDC):** *http://emergency.cdc.gov/disasters/cleanup/facts.asp*
    - **Spanish: Seguridad Durante Las Labores de Limpieza Después de Un Desastre Natural (CDC):** *http://emergency.cdc.gov/disasters/espanol/cleanup.asp*

- **Flood Cleanup: Avoiding Indoor Air Quality Problems (EPA):** *http://www.epa.gov/iaq/pdfs/floods.pdf*
    - **Spanish: La Limpieza Después de La Inundación y El Aire En Su Hogar (EPA):** *http://www.epa.gov/iaq/flood/flood_booklet_sp.pdf*

- **Fact Sheet: Portable Back-Up Generators (CDC)** *http://www.cdc.gov/co/pdfs/generators.pdf*

- **How to Clean Out a House or Building After a Flood (The American Institute of Architects):** *http://www.aia.org/about/initiatives/AIAS075276*

Hurricane Sandy and Climate Change:

- **Climate Change and Hurricane Sandy (The Center for Climate and Energy Solutions):** *http://www.c2es.org/science-impacts/extreme-weather/climate-change-hurricane-sandy*

It is critical to ensure the safety of living and learning environments prior to children's return. Due to these concerns, children, adolescents, and pregnant women should not directly be involved in clean-up effort. The Mount Sinai Region 2 PEHSU is available to assist with concerns related to children's safe return and can be contacted at 1-866-265-6201. To find a PEHSU in your area, please visit: *http://aoec.org/PEHSU/index.html*

For adults who have been affected by the storm, you can visit the Occupational and Environmental Medicine Clinics at: *http://www.aoec.org/directory.htm*

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